



Complimentary Wellness Classes

Elevate your wellbeing with exclusive sessions led by our visiting practitioners.

MON	Slow Flow 8AM - 9AM
TUE	AquaFit 10.30AM - 11.30AM
WED	Pilates Mat 4PM - 5PM
THU	Gym Circuits 4PM - 5PM
FRI	Hatha Yoga 8AM - 9AM
SAT	AquaFit 10.30AM - 11.30AM

Please meet in hotel lobby 10-minutes prior to class

FOR RESERVATIONS,

DIAL '0' FROM IN-ROOM PHONE, VISIT MAIN RECEPTION

☎ +66 76 302 660 ✉ HA224-RE@ACCOR.COM

Outside guests are welcome at THB 500++ per class.

For a more tailored wellness journey,
private classes are available with our visiting practitioners at THB 1,500++

* Advanced reservations are required

* Suitable for all levels aged 14 years old and above (except AquaFit)

* For AquaFit children under the age of 8 accompanied by adult

* Maximum 10 guests per session on first come first served basis

* Times of classes are subject to change without prior notice and are weather permitting

* Terms and conditions apply. Prices only in Thai Baht and subject to 10% service charge and 7% government taxes

